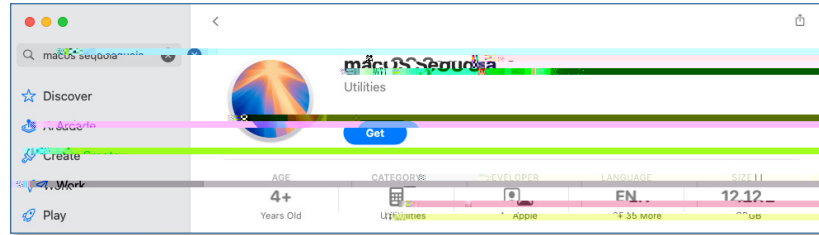


macOS Sequoia Upgrade Procedures

Download macOS Sequoia

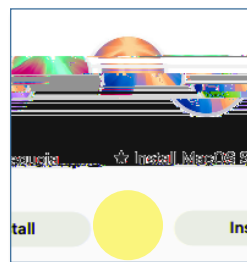
1. macOS Sequoia is available for download from the App Store. (If you are not a member of the Apple App Store, you can download macOS Sequoia from the Apple website.)



Install macOS Sequoia

Once you have downloaded macOS Sequoia, you can install it using the following steps:

1. Launch the **Self Service** application from the Applications folder. (Make sure you are logged in as an administrator.)
2. Find **Install macOS Sequoia** and click **Install**.



3. After the installation is complete, you will be prompted to restart your Mac. Click **Restart**.